

Outdoor Education Session Outline		Planned By: Michelle J Ward	
Title: “TOXIC RIVER”		Topic: A Team Building exercise Health & Physical Education - Level 2 Strand C1 - Relationships.	
Key Competency: Problem solving, relating to others, participating and contributing.		Achievement Objectives: Identify and demonstrate ways of maintaining and enhancing relationships between individuals and within groups.	
Learning Intention/W.A.L.T.: Use co-operation, listening and problem solving skills to cross a Toxic River game playing by the game rules. Children will work as a team and develop relationships with others to complete the Toxic River challenge.			
Special Features eg. cultural considerations, time required, appropriate venue... When splitting children into groups if more than 10 – count in Te Reo Maori Refer to water in Te Reo Maori as Wai Allow at least 15 minutes chat to solve problem before physically experimenting with the Toxic River crossing as a group.			
Resources: 2 long ropes and a large pair of gumboots or shoes. Adaption: Can use wood, sticks, stones or children’s jackets joined together, to make two lines			
Assessment /What would success look like: The key here is to see if the children worked together to find a solution/carrying people over the Toxic River. Did children adhere to the game rules? Did each person participate? At the end of the task are all the children on the same side of the Toxic River?			
Activity		Organisation/Management	
<p>Everyone is on one side. Measure a space about 5 feet and call it TOXIC RIVER. You want the whole group to cross as fast as they can.</p> <p>RULES:- They are not allowed to cross the Toxic River without a special pair of boots. Each person can use the boots only once/one crossing. The boots cannot be tossed over the river. Each person has to personally give the boots to the next person If anyone touches the river, everyone starts over.</p>		<p>Count how many children – if more than 10 split the group and either make it a competition first group to solve problem when teacher says go (have a time limit) or do simply as one group if you do not wish to have the competition component.</p>	
<p>Risk Management:/People, Environment, Equipment.</p> <p>People – consider age of children and strength to carry others Risks – Falling, sprained ankles, bruises, pulled muscles from lifting.</p> <p>Equipment – 2-4 ropes and a large pair of shoes or gumboots People – No risk</p> <p>Environment – Do in most weather with appropriate level. Little risk if done on flat surface area but check area for dangerous objects on the ground</p> <p>Bruises and scrapes – use first aid kit supplies. Sprains – apply ice 20mins</p> <p>THIS ACTIVITY IS ENJOYABLE – AND SHOULD BE REWARDING AND FUN FOR THE CHILDREN SUPPLY LOTS OF TEACHER ENCOURAGEMENT AND PRAISE. “HAPPY CAMPING”</p>			
Wet weather alternative: If preferred can do this activity indoors or under shelter.			